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Both Inns owned and operated by Lewis & Ernest Benn

To those who have been here before, we say "hello, neighbor, we are awfully glad to see you." You come back year after year because you know Eastham, and what it has to offer, and you love it as we do. You have heard the wind in the pines, have seen the geese flying in their wedge formations, have fought the white capped ocean on the back side, and have relaxed in the warmer bay waters, and the more placid ponds. To those of you who are making their first visit we are tickled to death to say "hello" . . . and we sincerely hope that the only crisis you face while vacationing is the crisis of decision—where shall I swim today? Where shall I go fishing or hiking, or bicycling? Should I throw this quahaug back because it will pass thru the ring? Neighbors, it is your vacation, so make the most of it.

For your information about Eastham: Total area 14.60 sq. mi. Permanent population 2309. Tax rate, per thousand \$31.60. Assessed valuation \$45,272,430.00. Total tax received on property \$2,145,913.00 as of 1973.

Important note: register at the town hall. In case of emergency, it may be easier to find you. Thank you and have fun . . . Eastham Vacationist's Handbook Committee.

Peter J. Meize, Chairman Lewis Rollinson Russell A. Dodge

Peter J. Meize, Chairman Lewis Rollinson Russell A. Dodge

TOWN PERSONNEL AT YOUR SERVICE

Selectmen FRED G. LaPIANA FREEMAN C. HATCH III HOWARD QUINN

Office hours: Mon., Wed., Fri. & Sat., 9-12 Noon Telephone 255-0333

Town Clerk, Tax Collector & Treasurer EDITH LINDHOLM Telephone 255-0338

Town Hall Custodian—JOHN PHILLIPS

Office Hours: Mon. thru Fri., 8:30-12; 1:00-4:30)
Telephone	
Chief of Police—JERRY J. EMONDS 255-055	1
Fire Chief-JOHN H. HILFERTY 255-0050)
Harbor Master—JOSEPH A. KING 255-0559	9
Recreation Commission— BERNARD RICHARDSON 255-1329	
Shellfish Constable— PHILIP J. SCHWIND	
Town Nurse—A. MAY DUNPHY 255-1311	1
Information Booth 255-3444	

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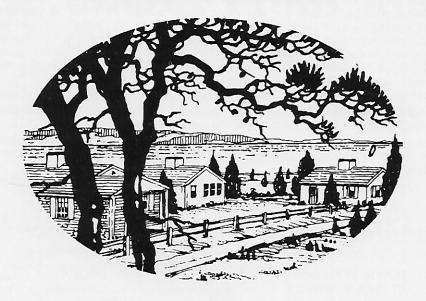
Cape Cod Photos Lewis Rollinson Jennifer Burrill Peter Meize

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On Route 6, at Eastham, Cape Cod



BOATING

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At Whispering Pines Village you will find everything necessary for your holiday happiness — excellent accommodations, tastefully furnished . . . spacious grounds, the Cove at one end and a lake at the other . . . ample recreation facilities for grown-ups and children. And the location is superb, being in the unspoiled Cape Cod countryside and centrally situated for the enjoyment of all attractions.

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EASTHAM, CAPE COD, MASSACHUSETTS

TELEPHONE 255-1080



A surfer awaiting his chance to get beyond the white water, along Eastham's southern portion of Nauset Beach.

Small Boat Suggestions

Before going out in a small row boat, sail boat or motor boat, CHECK THE WEATH-ER.

The law requires that a small boat regardless of size when driven by a motor, including an outboard motor, must have aboard a life preserver or buoyant cushion for each person (including children) on board. There is a \$100.00 fine per person for both owner and occupant.

Keep the life preservers on the small children at all times.

It is well to inform someone that you are going out in a boat and about when you are returning and also the names of others going with you.

Attention Bathers! While on the Beach DO:

- 1-Call for help when you think you need it.
- 2—Report to Life Guard for First Aid Treatment.
- 3—Ask Life Guard for any information about tides, runouts, etc.
- 4—Help us keep the beach safe and clean. **DON'T:**
- 1—Call for help unless you need it. That is no joking matter.
- 2—Go swimming right after eating or directly after any vigorous exercise.
- 3—Stay in sun over half hour on first exposure.
- 4-Take dogs on beach without leash.

EMERGENCY ONLY POLICE FIRE RESCUE Dial 255-2323

For all other calls:

Police-255-0551 Fire-255-0050

IMPORTANT INFORMATION

Please register at Town Hall. In case of emergency it will be easier to find you.

You must obtain a permit from the Fire Chief before setting an out-of-doors fire. Please note that this includes beach fires.

All beach parties or picnics held on Town beaches or Town landings that will continue after 8 p.m., MUST procure a permit from the Police Department at the Town Hall, or from the Police Cruiser, during 9 a.m. to 5 p.m. business hours.

TOWN BEACH PARKING STICKERS

Property Owners Free Eastham Tenants \$1.00
Other Visitors \$1.00 per day
June 15 to Labor Day
Town-owned beaches only

A.I.M. MEDICAL CENTER

For appointments and emergencies call 349-3131

A.I.M. MEDICAL CENTER, a diagnostic and treatment facility located on Route 6 in Wellfleet, is available to all who require its services.

Except in the case of emergencies, the Center operates on an advance appointment basis; and fees are those charged for similar services in the Cape Cod area.

SUMMER HOURS: July 1 through Labor Day

*Monday through Saturday: 9 A.M. to 6 P.M. — Sunday: 10 A.M. to 6 P.M.

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(Member of Eastham Board of Trade)

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ting — Pets Welcome

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Eastham 02642

Tel. 255-2035



The end of the trail! Bicycling or hiking from the Visitors' Center, the trail ends here at the Old Coast Guard Station Museum . . . after two miles of beautiful, panoramic Nauset Marsh.

Nauset Haven



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TALL PINES
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SHORES OF
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Route 6 EASTHAM MASS. Tel. 255-0490

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'A Country Place'

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Bridge Road, Eastham

Tel. 255-0617

Mac & Jeanne Campbell

EASTHAM PUBLIC LIBRARY

The Library is located on Samoset Road a short distance beyond the "Old Mill," on the right and is open to the public.

For Eastham taxpayers there is no charge. For other visitors there is a fee of \$1.00.

One seven-day book and two others may be borrowed at a time. The Library is open Tuesday and Thursday from 2 to 5 p.m., and 7 to 9 p.m., and on Saturday afternoons from 2 to 5 p.m. Mrs. Sally Coghlan is the librarianand she will be happy to be of every possible service.

The Friends of the Eastham Public Library organized in April, 1973, to help the library serve the community more effectively. Individual membership is one dollar and all residents or parttime residents are cordially invited to join. Last summer's special feature—morning story hours for children and a presentation by the Mimsey Puppets—will be repeated in 1974.



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The record catch in recent years was a seventy-one pound striper. The one pictured below was over sixty pounds, brought in by one of the charter boats, skippered by an Eastham "captain". If fishing is your bag make a date with one of the skippers below . . . You can beat the high cost of living and have fun too, fishing in the bay (nature's fish bowl) where not only stripers but also tuna, blues, mackerel and countless other species abound.

BASS — BLUES — TUNA
Sport Fishing on the
"FLYING MIST"
Fully Equipped — 1 to 6 Persons
4 hr. & 8 hr. Trips
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Capt. Johnny Shakliks, Jr.
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All tackle furnished
Capts. Don and Mike Walwer Tel. 255-2406
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34' Twin Screw
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Bass and Blues

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- * Delicatessen

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255-1770 (if no answer, 255-4473)

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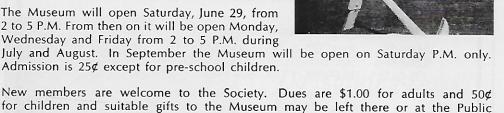
EASTHAM HISTORICAL SOCIETY, INC.

"Preserving the Past for the Juture"

Founded in 1963, the Society now numbers 432 members. Its object is to create and foster interest in Eastham, preserve and collect artifacts, historical documents and photographs and promote historical research.

The photograph shows the exterior of the restored, one-rooom schoolhouse of 1869—located opposite the Visitors' Center of the Cape Cod National Seashore—now housing the Museum.

The Museum will open Saturday, June 29, from 2 to 5 P.M. From then on it will be open Monday, Wednesday and Friday from 2 to 5 P.M. during



ROUTE 6

Fastham 02642.

EASTHAM, MASS.

FREDERICK H. JEWELL, Archivist

SALT POND MOTEL

Library on Samoset Road. Send applications to Eastham Historical Society, Box 8,

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A leisurely walk along the ocean's edge.

Those Great "Do-Nothing-Days"

The right tool but the wrong place. Whether he gets his quahaugs or not matters little . . . he is getting his quota of sunshine and Atlantic surf.

Hints For Eastham Visitors

CALL AT TOWN HALL . . .

First, call at Town Hall where you can get your shell fish or fishing license and inquire about marina rentals for small boats in Eastham's Marina at Rock Harbor. Ask also about charges for use of beaches in National Seashore. It might be wise to register your name and cottage location in case of emergency.

THEN THE VISITOR CENTER . . .

Next, we suggest a visit to the National Seashore Visitors Center, located off Route 6 above Salt Pond. Here Park personnel can answer questions and exhibits, movies and pamphlets will give you a better picture of Cape Cod in general and Eastham in particular, than days of hit or miss wandering. Alongside the Center is the now famous outdoor amphitheater where lectures and musical entertainment is scheduled all summer — programs are available at the Center.

THOSE GREAT "DO-NOTHING DAYS" . . .

Swimming, sun bathing and just plain loafing on the beach are one of the features of summertime at Eastham. For those who prefer surf, cold water and miles of beautiful sand, Coast Guard and Nauset Light Beaches are hard to beat. Each has a bath house and life guards and a section is reserved for surfers only. Both beaches are subject to the rules and regulations of the National Seashore.

(Continued on page 16)

ENRATA SAYS: "Enjoy our scenery but for the love of life, keep your eyes on the road!

PULLING FOR EASTHAM

The Eastham Non-Resident Association of Taxpayers, one of the several civic minded groups who intend to keep their fingers on the pulse of the town, was organized in 1954. The Association membership now consists of 750 families, the great majority of whom are residents and taxpayers of Massachusetts, although the group also represents many of the other states and some foreign countries. Holding meetings twice a year, July 4 and August 24 in 1974, the group welcomes to its membership those who are interested and are willing to work to further develop and maintain the "rural and seashore character of Eastham, to express the con-sensus of non-voting taxpayers concerning important community matters, and to keep its membership informed of new developments in Eastham and the National Seashore Park," so says its president, Frederick J. Eimert, of Needham, Mass. Dues are \$1.00 per year and those interested are urged to attend its meetings.

Nauset Baptist Church

HOLDING FORTH THE WORD OF LIFE



Sunday School All Ages
 9:45 a.m.

Morning Worship 11:00 a.m.
Evening Service 7:00 p.m.

• Wednesday Bible Study 7:30 p.m.

Our Ministry To Serve Tel. 255-2753





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COLOR TV • NEW INDOOR HEATED POOL • AIR-CONDITIONED

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Guide



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Gifts for every taste and pocketbook chosen from the four corners of the world, displayed in an uncluttered shop with room to spare for leisurely browsing.

Open Monday through Saturday
ON COVE ROAD IN THE CENTER OF ORLEANS



From the Atlantic through to the Nauset Marsh this little boat plows through the recent cut near the Orleans-Eastham line. The fury of ocean storms is well exemplified here, where cuts like this slice into fragile dunes facing the ocean.

OLIVER'S Clay Tennis Courts

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Opposite Salt Pond and the National Seashore Visitors Center

Housekeeping Cottages for 2 - 6 persons Heated, at \$75 to \$145 weekly 255-0174 The R. I. Von Itters

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But it **does** snow on Cape Cod! Scenes like this one of Nauset Light and hundreds of others may be viewed in our many gift shops and Artists' and Painters' shows now being offered in Eastham.

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If looking to buy (or just passing by)

THE NAUSET PAINTER'S OUTDOOR ART SHOWS

Wednesday, July 17 ... Orleans

Wednesday, July 31 ... Eastham

Wednesday, Aug. 14 ... Orleans

Wednesday, Aug. 21 ... Eastham

Wednesday, Sept. 18 ... Orleans

(next good day in case of rain)

In Orleans on the Village Green, Rt. 28 In Eastham on School House Museum Grounds

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On picturesque Town Cove, Route 6, Eastham (Mail address, Orleans)

Beautiful Cape Cods, designed for the discriminating.

All electric, superbly appointed. 1-2-3 bedrooms.

Heated. Private beach, boating and fishing.

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24 HR. Wrecker service



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PLAZA





MEN'S and BOY'S WEAR LADY PURITAN SHOPS SHOES · LUGGAGE SPORTING GOODS WORK CLOTHES



(HINTS - Continued from page 11)

BAY BEACHES . . .

Many families with children favor the five Town Beaches starting at First Encounter and stretching to South Sunken Meadow. Here, warm water and vast stretches of open beach at low tide encourage a variety of beach activity. First Encounter and Sunken Meadow only have rest rooms. Still others prefer fresh water swimming and find it at Wiley Park on Great Pond or in Herring Pond, both off Herring Brook Road. At Wiley Park there are both bath house and picnic facilities.

TEEN-AGERS . . .

Visitors with 'teen age children (7 to 16) will wish to take advantake of a well organized and supervised playground program at the Nauset Regional High School grounds off Cable Road or enter their children in swimming classes at Wiley Park. Details of these activities sponsored by the Eastham Recreational Commission are found on page 45.

"A BICYCLE BUILT FOR TWO" . . .

Since 1974 promises to be the year of the bicycle, many will ride the picturesque bike trail starting alongside the Visitors Center and winding for 2 miles to Coast Guard Beach. Other group bike trails start at the Youth Hostelry off Bridge Road, near Orleans and are marked by road signs. Both guided and unguided walks and tours abound in the National Seashore Park and are noted in literature available at the Center. They include Red Maple Swamp, Fort Hill and the Captain Penniman House in Eastham. Off Route 6 and Herringbrook Road, Wellfleet, is the Audubon Society Bird Sanctuary where guided tours are arranged.

(Continued on page 24)

The

SEA 'N' SAND RESTAURANT

Village Green Plaza Route Six North Eastham
OPEN ALL YEAR

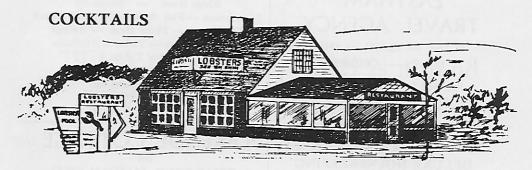
Breakfast Lunch Supper



from 6:30 A.M.

HOME MADE DONUTS and MUFFINS

Your Hosts: George and Clare Burt Also serving Cocktails — Beer — Wines



EASTHAM LOBSTER POOL

North Eastham, Rt. 6

* Lobster in the Rough

* Broiled Steaks

* Chicken in the Basket

* Fried Clams

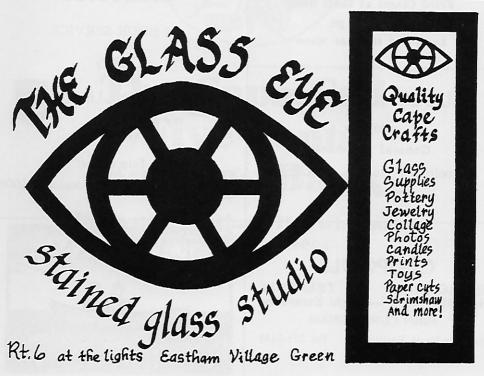
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Open Daily 12 Noon to Closing



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Fireplaces — Floor Heat — Swings

Two Showers - Pictures Available Picnic Tables

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GREAT POND, EASTHAM 02642

One Bedroom with Fireplace Housekeeping Cottage—Private and Quiet

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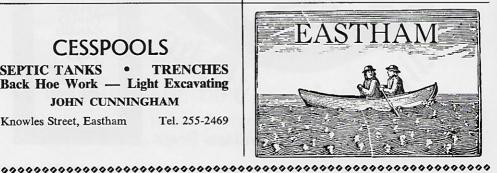
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Tel. 255-2469



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Fresh Flower Jar

DAILY (CLOSED SUNDAY)

Keeps cutting flowers miraculously fresh a week or more without water! Just drop in rose, mum, etc. and replace top. 9-inches high, crystal, pear-shaped. \$3.20 (\$4 mailed USA, \$4.50 Canada)

Please, no tears

Newcomers sometimes cry when they visit us-they're already shopped out of bank balance, and here the Wonderful Things begin! The range is from contemporary arts to the unexpected Tilery to the unequalled showing of Hadley and Taylor stoneware. And whether a bronze cheese prong (\$1.25) or a custom-tiled dining table (\$400 or so) nothing at Tree's is "resort priced". Come browse without tears at the corner of 6A and 28, the center of Cape Cod.

9:30-5:30 EXCEPT SUNDAY

1973 SEASON: JUNE 22-SEPT. 5

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POST OFFICE HOURS

(SUMMER SCHEDULE)

Eastham: 02642

Window Service:

Mon. thru Fri. 7:45 a.m. to 5:00 p.m. Saturday 7:45 a.m. to 12:00 noon

Lobby Hours:

Daily to 9:00 p.m.

North Eastham: 02651

Mon. thru Fri. 7:45 a.m. to 5:30 p.m. Saturday 7:45 a.m. to 12:00 noon

INCOMING MAILS

Eastham	N. Eastham
8:45 a.m.	8:30 a.m.
2:30 p.m.	3:00 p.m.

OUTGOING MAILS

10:30 a.m.		10:30 a.m.
2:00 p.m.		2:00 p.m.
5:00 p.m.	(Except Saturday)	5:00 p.m.



Where there's a will and a rake who cares about a little cold water . . . oysters were in season as scores tried their luck at Salt Pond last fall.

TOWN BEACH PARKING STICKERS

Property Owners	Free
Eastnam Tenants	\$1.00
Other Visitors \$1.00 p	er dav
June 15 to Labor Day	or day
Town owned back - 1	

Town-owned beaches only

SHELLFISH REGULATIONS

Town of Eastham - 1974

All persons are prohibited from taking any shell fish, eels or seaworms from the waters of the town without a permit. Permits may be obtained from the town hall; permits are not transferable.

Fees:	non-commerical —	
Class	1-resident or non-resident	
	taxpayer	3.00
	residents over 70 years of age .	Free
Class	2-non-resident tenant	5.00
Class	3-non-resident, non-tenant	10.00
Class	4—commercial	10.00

Salt Pond, Eastham 1974

Non-commercial shellfishing only. Limit: One LEVEL 10-quart pail per family, per week. Sundays only (Daylight Saving Time) Sundays not listed here, Salt Pond open all day for non-commercial shell-fishing. Areas in Salt Pond open only as posted, all other areas in Eastham open at all times, sunrise to sunset, unless otherwise posted. All sedge grass areas closed to all shellfishing.



1974 LOW TIDE

May	
5	6 a.m.—10 a.m.
12	12 noon- 4 p.m.

19	4 a.m.—	8	p.m.
26	11 a.m.—	3	p.m.

June 2 6 a.m.—10 a.m.

9 10 a.m.— 2 p.m. 16 4 a.m.— 8 p.m.

16 4 a.m.— 8 p.m. 23 10 a.m.— 2 p.m.

30 4 p.m.— 8 p.m.

July 7

9 a.m.— 1 p.m.

14 2 p.m.— 6 p.m. 21 9 a.m.— 1 p.m.

21 9 a.m.— 1 p.m. 28 3 p.m.— 7 p.m.

Aug.

4 8 a.m. - 12 noon

11 1 p.m.— 5 p.m. 18 8 a.m. - 12 noon

25 1 p.m.— 5 p.m.

Sept. 1 7 a.m.—11 a.m.

8 12 noon - 4 p.m.

15 7 a.m.—11 a.m. 22 12 noon- 4 p.m.

29 7 a.m.—11 a.m.

(HINTS - Continued from page 16)

RELICS OF HISTORY . . .

Opposite the Visitors Center, on the corner of Schoolhouse Road, is the Museum of the Eastham Historical Society, housing an unusual collection of relics and artifacts of historical importance. See page 9 for details.

On the Town Green across from the Town Hall stands the oldest operating Wind Mill on Cape Cod. Open weekdays from 10 'till noon and Sundays from 1 to 5 this rare antique gives you the answer to how our ancestors solved their energy crisis.

"OUCH, MY ACHING BACK" . . .

Each Sunday morning or afternoon, according to the tides, those with permits may scratch for quahaugs at Salt Pond. See page 23 for times. Steamer clams and other shellfish are gathered in Nauset Marsh, Town Cove or First Encounter Beach. Fresh water fishing can be enjoyed in most of the ponds and surf fishing on the ocean beaches has long been a favorite sport for many.

GUILD . . .

Little League baseball now sports a new park behind Town Hall and games are scheduled regulary at 6:15 P.M.

THE ONE THAT DIDN'T GET AWAY . . .

Sport fishing enthusiasts will find many fine boats operating out of Rock Harbor and piloted by Eastham "Captains". Opposite this dock is the Eastham Marina where rental space for small boats is available by contacting the Harbor Master at Town Hall. This Marina is entered via Dyer Prence Road off of Bridge Road.

(Continued on page 32)



From beautiful Salt Pond and the Visitor's Center, looking over Ministers and Molls Ponds, toward the bay beaches. The outdoor shell is in the foreground where thousands of visitors have listened to nightly lectures about the Cape and its geologic origins.

THE CAPE COD NATIONAL SEASHORE PARK VISITOR CENTER is a must to the 'first time' visitor to Eastham. Here you can identify yourself with Eastham in particular and the Cape in general if you make this your first stop before making plans. Here you can learn the geologic history of "these Fragile Outposts", and become aware of the extent and the beauty of its trails, beaches, nature walks and so forth.

The National Seashore was established in 1961 and eventually will embrace more than the original 27,000 acres that had been planned for it, and promises to keep intact the resources, charm, and beauty of the Old Cape for future generations.



CAPE COD CRAFTSMEN

One of the special joys of your vacation can be the discovery of the studio or shop of one of our artists or craftsmen. Look for them. They're usually **not** on the main street but listings and guides will help you find them and traveling our side roads will yield unexpected pleasures.

Here, browsers are always welcome. Craftsmen love their work and love to talk about it with anyone who is genuinely interested. The one-of-a-kind pieces they produce — pottery, jewelry, paintings, prints, wood carving, stained glass — may be useful or purely decorative. All will be handcrafted with creative imagination and the highest professional standards. These make the most thoughtful gifts. But don't forget to give yourself a present as a lasting reminder of your visit to Cape Cod.

Summer craft shows, exhibits and church fairs offer an opportunity to see the work of many of these talented people. Members of the Artists and Craftsmen's Guild of the Outer Cape will have two shows in Orleans on Wednesday, July 10 and Thursday, August first. The Society of Cape Cod Craftsmen will hold their annual two-day show under the tent on the elementary school grounds in Brewster on Wednesday and Thursday, August 7 and 8. Events not to be missed!

PAINTINGS SHIPS and SEA

CAPE COD and other SEACOAST SCENES

By
Harold Durand White
A worthwhile investment



Courtesy Mr. & Mrs. George F. Hall

With our works in many private collections in the United States, Canada and the Virgin Islands, they are sought more and more as an investment that will increase in value. Superb quality and unusual beauty for your home, offices or business premises — or give as a special gift. Select an oil or watercolor marine painting by an artist who knows ship life from actual square-rig experience at sea.

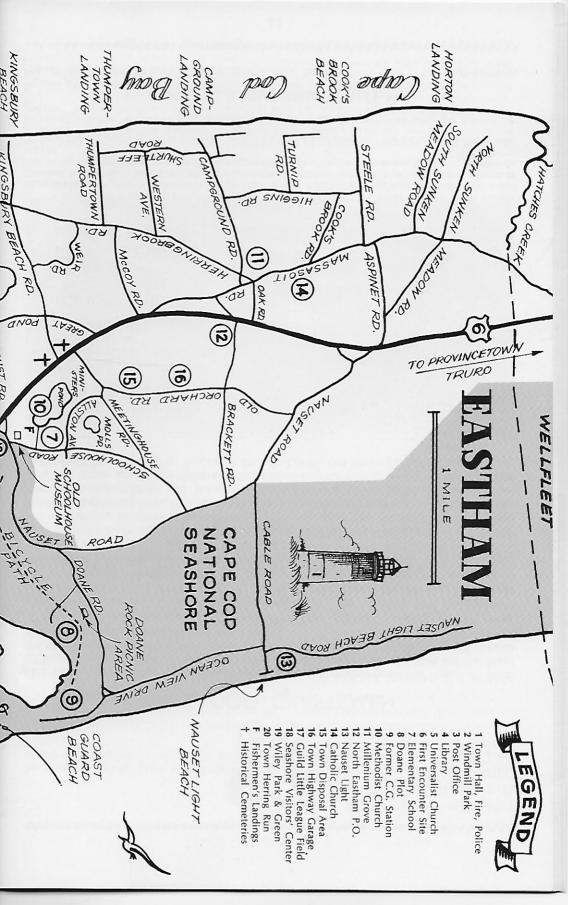
On Cape Cod choose from our own studio display or two galleries. See us for gallery addresses.

Also, paintings done to your order.

HAROLD DURAND WHITE

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Closed Sundays



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What do you do on the Cape in winter? A group of youthful riders who participated in a riding meet sponsored by the Eastham Police Association last winter.

A crises of decision! To build sandcastles or wait for the stripers to bite.



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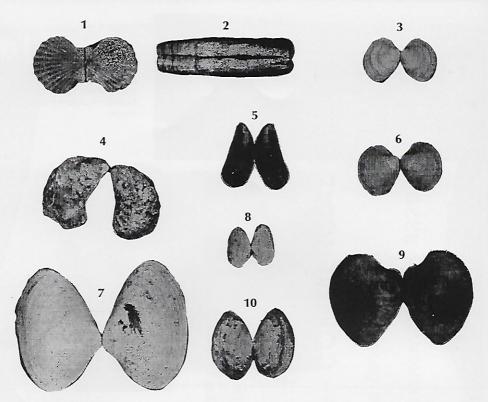
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Mail Address: R.R. 1, Eastham, Ma. 02642 — phone 255-0602



Recommended by Mobil Travel and Exxon Travel Club

^^^^^^



1 Bay Scallop, 2 Razorfish, 3 Little Neck (Quahog), 4 Oyster, 5 Blue Mussel, 6 Cherrystone (Quahog), 7 Sea Clam, 8 Steamer (Soft Shell Clam), 9 Sharp (Quahog), 10 Soft Shell Clam. All of these shellfish can be used to make clam cakes, chowder, pies, casseroles and stews. In addition Numbers 1, 3, 4, 5, 6 and 8 can be fried.

OVERCOMING THE ENERGY CRISIS AND INFLATION IN SIX EASY(?) STEPS.

This recipe, if followed faithfully, will guarantee the above. It evolves around the preparation of a six course dinner obtained almost entirely within the Eastham area.

Preparation: while registering at the town hall, which you should do to make it easier to find you in case of emergency, obtain a shell fish license. Beg, borrow or buy a quahaug rake and a pail . . . preferably one with a perforated bottom.

First and second course: Sunday morning, if the tides are right, (refer to shell fish chart) go to the Salt Pond on Route Six, near the town hall, and get your prescribed quota of quahaugs. If unfamiliar with the procedure of quahauging, ask the shell fish warden . . . he is most accommodating. Separate the small ones (cherry stones) from the largest, which are the grand-daddies of

the same family. Scrub well and refrigerate until ready to use. You now have the makings of cherry stones on the half shell, baked stuffed quahaugs (clams casino), and quahaug chowder. Refer to recipe page for the methods used. If you are the 'cordon bleu' type and would like to experiment with something a little different, try blue mussels in garlic butter. And where do you find them? A good place is Nauset Marsh, along its myriad banks and channels. In obtaining mussels you may well be knee deep, and deeper, in the gooey sediment of the marsh. At this time a flat bottomed boat would be helpful . . something to lean on when the going gets tough. Read the recipe page for one of the most enjoyable appetizers you can serve.

Third course: striped bass salad. For this one

Third course: striped bass salad. For this one save your bass fish heads and refer to recipe page.

Fourth course: flounder, available in parts of the Nauset Marsh, and other nearby waters and striped bass. Try surf casting in the outer beach. Usually a sure thing if you go out with the Eastham Captains out of Rock Harbor. Refer to recipe page for several methods of preparation.

Fifth course: (if you have room) Cranberry crunch with whipped cream. Refere to recipes.

Now for the final course: (the kids will hate me for this). You and the missus have done all the

work. Let the kids wash the dishes and you two go out to the bay side and watch the glorious sunset over the target ship in the bay, or drive out to the ocean side and listen to the pounding of the surf and just enjoy a "do nothing" evening. It has been a good day and it hasn't cost you too much, and the energy involved hasn't measured in gallons at so much per gallon . . . and if you don't turn on your television set you will completely forget about the many faceted crises waiting for you at home . . . and you will sleep like a Cape Codder.

WALTER MURZYN



Locust Road — Box 97 Eastham, Mass. 02642

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VILLAGE GREEN, N. EASTHAM, MASS., ROUTE 6

·····

(HINTS — Continued from page 24)

"A HOLE IN ONE" . . .

Golfers will find many interesting courses in the area, including the Brewster Golf Course. Highland, Golf Club, in Tr.

(HINTS - Continued from page 24)

"A HOLE IN ONE" . . .

Golfers will find many interesting courses in the area, including the Brewster Golf Course, Highland Golf Club in Truro, Bass River Golf Course in South Yarmouth, Dennis Pines on Route 134, East Dennis, Chatham Bars in Chatham and the new municipal course in Harwich. While the fairways of Cape Cod may not compare favorably with those of inland clubs, they afford views of the sea not to be had in many places.

SHADES OF BROADWAY . . .

Cape Cod has long been famous for its Summer Theater, featured for many years by the Cape Playhouse in Dennis. Locally, we have an excellent group at the Orleans ARENA theater producing weekly plays all summer, as do the Provincetown Playhouse and the Hyannis Melody Tent along with the Monomoy Players group in Chatham. Orleans has its cinema and Wellfleet offers an outdoor Drive-in theater where movies can be combined with popcorn and hot dogs.

The Clark's

OCEAN REEF GIFT SHOP

CAPE COD JELLIES — FUDGE — SALT WATER TAFFY
SOUVENIRS — JEWELRY — SEA SHELLS — DRIFTWOOD

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TIDE TABLE

APPROXIMATE (Eastern Standard) TIME OF HIGH TIDES AT BAY AND OCEAN BEACHES

For high tide at head of Orleans Town Cove add four hours

For high tide at Salt Pond add 31/2 hours

	luna								
	June		July		Αι	August		September	
	a.m.			p.m.	a.m.	p.m.	a.m.	p.m.	
1	8:16					10:12	10:49	11:04	
2	9:11	9:25				10:52	11:26	11:41	
3	10:01			10:33		11:31		12:02	
4	10:47						12:18	12:37	
5	11:30	11:39	11:47	11:56			12:58		
6		12:12		12:26		1:11	1:39	1:56	
7	12:19	12:53	12:35	1:05			2:23		
17	8:24		8:50			10:41	11:39		
9	1:43	2:15		2:25	2:51	3:13	4:06		
10	2:27	344000000000000000000000000000000000000	2:38	3:07			5.04	5:28	
11	3:31	3:45	3:23	3:52	4:32		6:07	6:31	
12	4:00	4:32	4:11	4:38	5:27	5:51	7:12	7:34	
13	4:50	5:20	5:04	5:29	6:29	6:51	8:10	8:34	
14	6:36	7:09	5:58	6:22	7:29	7:52	9:06	9:30	
15	6:36	6:59	6:57	7:17	8:29	8:51	10:00	10:18	
16	7:29	7:50	7:54	8:13	9:25	9:47	10:50	11:16	
17	8:24	8:42	8:50	9:09	10:20	10:41	11:39		
18	9:16	9:32	9:46	10:04	11:13	11:34	12:07		
19	10:09	10:23	10:41	10:58		12:03	12:57	1:16	
20	11:00	11:16	11:34	11:51	12:27	12:53	1:47	2:04	
21	11:53			12:26	1:18	1:43	2:38	2:54	
22			12:45	1:18	2:09	2:35	3:31	3:49	
23	1:01	1:38	1:38	2:10	3:04	3:28	4:28	4:45	
24	1:56	2:33	2:33	3:02	4:00	4:22	5:26	5:45	
25	2:52	3:29	3:29	3:58	4:59	5:21	6:26	6:45	
26	3:51	4:25	4:27	4:53	6:00	6:22	7:22	7:39	
27	4:51	5:23	5:27	5:52	7:01	7:21	8:11	8:29	
28	5:51	6:20	6:30	6:51	7:57	8:14	8:55	9:12	
29	6:54	7:18	7:31	7:48	8:50	9:03	9:35	9:54	
30	7:54	8:12	8:29	8:42	9:32	9:47	10:13	10:33	
31		9:19	9:19	9:30	10:12	10:26			

EASTHAM WEATHER

We in Eastham are fortunate regarding our weather. Situated between the Atlantic Ocean and Cape Cod Bay, the stabilizing effect of both bodies of water, tend to keep Eastham cooler in the summer and warmer in the winter than the mainland.

CAPE COD TEMPERATURES

Average	May	June	July	Aug	Sept	Oct	Nov
High	62	71	78	76	70	59	49
Average Low	48	56	63	61	56	47	37

CAPE COD RAINFALL

Average rainfall, in inches, per month 3.5 2.9 3.0 3.5 2.8 3.3 3.7

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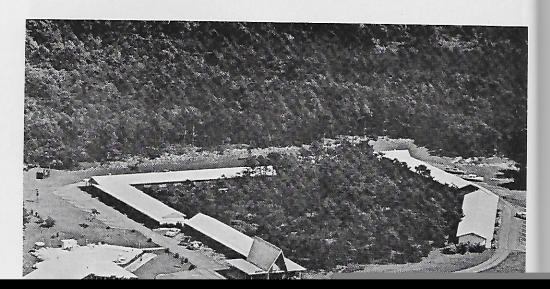
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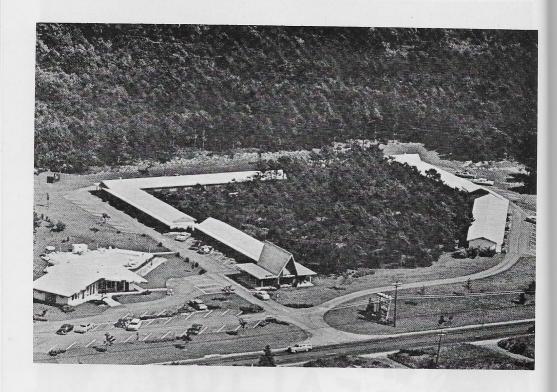
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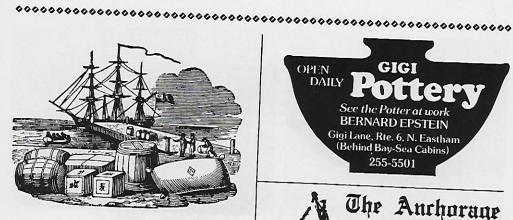
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Eastham Historical Facts researched by Fred Jewel.

SALT MAKING

Eastham at one time had as many as fifty salt-making plants. The salt-making business reached its peak about 1830 when western and foreign salt started coming in and the price of pine lumber from Maine, used for making vats, increased prohibitively. Dr. Palfrey at the Bicentennial in Barnstable, in 1839 spoke of voyaging 20 miles, south of Provincetown, along a shore which seemed built of salt vats. At that time it took more than 300 gallons of sea water to make a bushel of salt, and boiled down, was worth \$8.00. Solar evaporation of salt was patented in 1799 by a Dennis man.

AGRICULTURAL PRODUCTS

Indians raised quantities of corn in Eastham on what was called the Plains of Nauset, and white settlers produced it for export. From one to three thousand bushels were sold from the town in some years. Single farms raised as much as five hundred bushels of grain, and a yield of 800 bushels was credited to one farm. As late as 1920 there were 1700 acres with hardly a vegetable mould, that had once produced corn and wheat. A couple of decades after the landing of the Pilgrims, people in Plymouth seriously considered transplanting the whole Plymouth Colony to the flat and sea girt town of Eastham, largely because of the fertile acres.





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just a bare tip is seen on the beach at Nauset Light. To determine the extent and direction of current flow, a complete study of the Cape shoreline has been given high priority.



The vagaries of the stormy Atlantic. A few A bit of nostalgia . . . A clam bake on Cedar Banks years ago, when this picture was taken, this overlooking Nauset Marsh, with former Eastham Police boulder was completely uncovered. Today chief Wynn Knowles as bake-master. Two hundred lobsters, bushels of baking potatoes, a gross of green jacketed sweet corn, pails of steamers, flounder by the score . . . and of course, a visit to the ghostly fleet of rum runners outside the three mile limit for this was the era of prohibition.

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Left: Cut fingers and a sore back . . . who cares when you have a potential oyster stew like this in prospect. When oysters are in season at Salt Pond. Right: Go and enjoy your stew Phil Schwind is saying as he checks oysters coming out of Salt Pond.



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A Menu from Eastham's Waters

Appetizers: cherry stones on the half shell; baked stuffed quahaugs; mussels in garlic butter

Chowder: quahaug of course

Entrees: striped bass (baked stuffed or steaked); flounder (pan fried or stuffed and baked)

Dessert: cranberry crunch with whipped cream

Stuffed quahaugs: this is a basic recipe and the quantity would vary with the luck you have at Salt Pond or wherever you find them. However 15 or 20 quahaugs would do nicely. Therefore, use the largest of the quahaugs and after scrubbing well add enough water to just cover them and bring to a boil, until the shells open. Strain and separate, saving the broth. Put bodies through coarse grinder or chop very fine and set aside. In heavy kettel try out a ½ pound of salt pork, add same amount of butter or oleo. To this add (also coarse ground or finely chopped, two green peppers, three stalks of celery, one medium sized onion and sauté till done. To this add chopped quahaugs with the broth, stir well and simmer about five minutes. Take off heat and add either bread crumbs or crushed Ritz crackers until you obtain a stiff consistency. Fill smaller size shells, sprinkle bacon bits and brown in broiler. Serve piping hot. This method will lend itself well to freezing for future use.

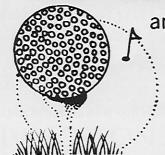
Mussels in garlic butter: these may be steamed, or boiled, and eaten very much like steamers, although they are a good deal richer and a few will go a long way. They do, however, make delicious hors d'oeuvres. After steaming open, remove the orange colored bodies and marinate in garlic butter and serve hot on toast or crackers with a toothpick. To make garlic butter marinate garlic cloves in butter overnight and use as needed. To freeze mussels cover with liquid (melted) butter in small portions and reheat as needed.

Quahaug chowder: steam quahaugs until they open, strain and separate bodies from broth and set aside. Try out ½ pound salt pork, add ½ pound butter, add two cups chopped or sliced onions, and sauté until light brown, stir in 4 tbs. flour and cook, using low heat. Add quahaug broth and a quart of diced potatoes, bring to a boil. When potatoes are done, add two quarts of hot milk, ½ pint of cream. Add one quart of chopped quahaugs last of all... season to taste and simmer about five minutes. Do not boil. Serve with crackers. The chowder will taste much better the next day. Striped bass salad: you have saved the heads, tails and the flanks of the bass caught.

Cover with water and bring to boil, and let stand in its own broth until cool. Then pick out the chunks of white meat, being sure to remove all bones. By adding shredded lettuce or celery and mayonnaise this will make a sandwich spread. Also mound it on a bed of lettuce, surround it with quartered tomatoes, hard boiled eggs, ripe olives, carrots, radish buds, sliced cucumbers, and your favorite dressing, and it's a meal in itself.

(Continued on page 44)

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(MENU - Cont'd from page 43)

Entrees: here you have several choices. The bass may be stuffed (any commercial stuffing) whole and baked with bacon or salt pork slices to keep it self basting, or it may be steaked and broiled over an open fire . . . or in your own oven. When steaking, use bass over ten pounds for best results, cutting steaks about three quarters of an inch thick. Smaller bass may be baked whole, seasoned, buttered and wrapped in foil at 375° . . . a glassful of white wine before baking will add to the flavor. Flounder may be fileted, dredged in flour, and pan fried and served with tartar sauce for a delicious dish. A little more work but very satisfying is baked stuffed flounder. Take the smaller of the filets, using a commercial stuffing, add scallops, lobster or chopped shrimp. Place filets on greased sheet pan, cover each with the stuffing and place other filets, sandwich style. Cover with aluminum foil aand bake about thirty minutees at 375° . . .the last five minutes uncovered. Add a spoonful of sherry flavored cream sauce . . . or Newburg if available, to enhance the flavor. Mm mm mm good.

Dessert: cranberry crunch with whipped cream, simple to make and excellent. Mix together one cup uncooked rolled oats, $\frac{1}{2}$ cup of flour, and one cup of brown sugar. Cut in $\frac{1}{2}$ cup of butter until crumbly. Place one half mixture in an 8 by 8 sheet pan. Cover with two cups cranberry sauce. Top with balance of mixture. Bake forty-five minutes at 350° . Cut into squares and while still hot and serve with ice cream or whipped cream.

EASTHAM RECREATION PROGRAM

Eastham prides itself on its excellent recreation program supervised by its Director, Leo Miller, and sponsored by the Eastham Recreation Commission. All of the sports facilities of the Nauset Regional High School, located on Cable Road off Nauset in North Eastham are available to youngsters from age 7 to 16.

The playground program: for boys & girls ages 7 to 16 runs Monday through Friday, 9 AM to 12 noon, starting July 1 and ending August 23. Register anytime for competitive sports, low organized games & special events.

Tennis instruction & competition: for 'teen agers will be available at the Nauset H.S. Tennis courts, Monday through Friday 6 to 7:30 PM.

8 to 12 year olds will have same opportunity Monday and Wednesday mornings 9 to 11:30 A.M. Courts are **not** available for general public use during the above hours.

Swimming program: classes for Beginners, Intermediates, Swimmers, Jr. & Sr. Life Saving and Water Safety Aids will be available at Wiley Park, Great Pond, off Herring Brook Road, Monday through Friday, 9 AM to 1 PM, starting July 1, ending August 23. Registration on Mondays ONLY for 2 week periods.

CHURCH SERVICES

(More than three hundred years—in 1672 to be exact—Samuel Treat became the town's first minister, and thundered his message of hell-fire and damnation. As a historian of the times declared: "his voice was so loud when speaking it could be heard at a great distance from the meeting house, even in the midst of the winds that blowed over the plains of Nauset".)

Perhaps not in the thunderous tones of Mr. Treat, yet the church leaders of the present preach their religious philosophies with the same zeal. The following churches are within easy travelling distances:

EASTHAM

Methodist—the House of worship and Strength by the side of the road, Route 6. Pastor Reverend John E. Knight. Worship each Sunday at 9 a.m. (nursery care provided)

Roman Catholic—Lady of the Visitation church, Massasoit Road, No. Eastham, Rev. William J. McMahon, pastor. Services during school year 9:30 Sundays only. Summers: Saturday Vigil Masses 5 and 7 p.m. Sundays 8:30-9:30 & 10:30-11:30.

Grace Chapel, Assembly of God—Eastham Town Hall, Rev. Ralph D. Bellows. Sunday services—9:45 a.m. Sunday school; 11 a.m. Morning worship; 7 p.m. Evangelistic services.

First Unitarian Universalist Society of Cape Cod (Chapel in the Pines): Samoset Road, Rev. John Ogden Fisher. First Sunday of each month services held in Eastham at 10:30 a.m. All other services held at First Parish Meeting House, Rt. 6A, Brewster.

ORLEANS

Nauset Baptist—a Bible centered church now meeting in the Orleans Town Office Bldg. Sunday school at 9:45 a.m. Classes for all ages. Worship at 11 a.m. and 7 p.m. Wednesday bible study at 7:30 p.m.

Episcopal—Church of the Holy Spirit, Monument Road. Rev. G. David White, Rector.

(winter) Sundays: Holy Communion 8 a.m.; Family Eucharist 9:15 a.m.; Holy Communion (1st Sunday of each month) 11 a.m.—morning prayer and sermon other Sundays. Weekdays; 9:30 a.m. The Holy Communion Tuesdays and on special Holy days. (summer) July and August: Sundays same as above with addition of 7 a.m. Holy Communion. Weekdays same as above with addition of 7 a.m. Holy Communion.

Federated Church (United Church of Christ—Congregational—and Universalist Society) Sunday summer services: (July and August) Informal service and breakfast 8:30 a.m. Regular service; 10:30 a.m. Other months, regular service 11 a.m. Rev. Raymond T. Jones, Ph.D.

Roman Catholic—at 1 Bridge Road: Father Buckley. Winter schedule; Saturday Vigil 5:30 p.m. Sundays 8-10-11 a.m.; Daily mass at 8 a.m.: Novena on Wed. Summer schedule: (all masses in Hall). Saturday Vigil 5 and 7 p.m.: Sundays 8-9-10-11 a.m.

Methodist—Corner Rt. 28 and Main Street. Rev. John Knight, Pastor. Worship service is conducted at 11 a.m. with Sunday school and nursery care provided.: Fellowship pot luck suppers every third Wednesday of each month at 6:30 p.m.: Youth Fellowship meets each Friday evening at 7 p.m.: Communion is offered the first Sunday of each month.

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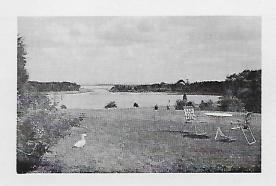
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CALENDAR OF EVENTS

- June 26—Friends of Eastham Library, general meeting, Town Hall—7:30 p.m.
- June 27—Chowder suppers, every Thursday, through the summer until August 29. Methodist Church, Rt. 6.
- June 29—Historical Society opening day—thereafter, Mon., Wed., Fri., and Sat., 2-5 p.m.
- July 6—Non-resident Taxpayers Assoc. meeting at Town Hall, 7:30 p.m.
- July 9—Chowder suppers, every Tuesday through July and August, 6:30 p.m. Town Hall by Universalist Unitarian Society.
- July 9—through August (every Tuesday at 6:30 p.m.) at Town Hall, chowder supper. Sponsored by the Universalist Unitarian Society of Cape Cod.
- July 10—Fair and Food sale, United Methodist Church, Rt. 6, at 10 a.m.
- July 10—Artists' and Craftsmen's Guild of Outer Cape, Orleans.
- July 11—Thursday morning story hour, 10 a.m. at the Eastham Library on Samoset Rd.

- July 17—Eastham Grange food sale, Town Hall lawn, 10 a.m.
- July 25—Summer book sale, Historical Society grounds, across from Visitors Center.
- July 25—Mimsey Puppets, Eastham Library, Samoset Road at 10 a.m.
- July 31—Nauset Painters show on grounds of Schoolhouse Museum. Next day in case of rain.
- August 1—Artists' and Craftsmen's Guild . . . showing in Orleans.
- August 7 and 8—Society of Cape Cod Craftsmeen's annual two day show, under tent in Elementary school grounds, Brewster.
- August 8—Mimsey Puppets, Eastham Library, Samoset Road at 10 a.m.
- August 21—Nauset Painter's show on grounds of Schoolhouse Museum. Next day in case of rain.
- August 14—Friends of the Eastham Library meeting in Town Hall, 7:30 p.m.
- August 24—Non-resident Taxpayers Association meeting at Town Hall, 8 p.m.

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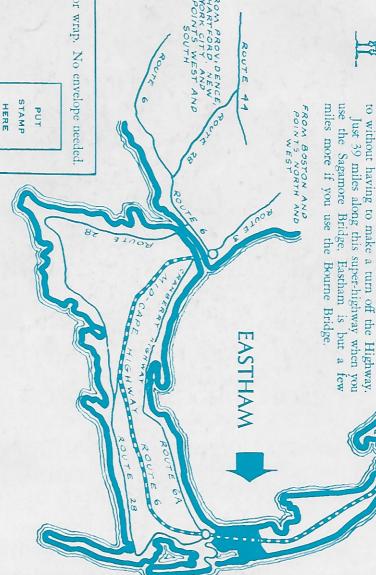


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